



Voices for
Mississippi's
Children, Inc.
Starkville, MS
July 2011

Monthly E-Newsletter

MEMBERSHIP 2011

VOICES MEMBERSHIP INFORMATION

Voices for Mississippi's Children, Inc. has been a membership agency from its inception, however as time passed we focused our concentration on training child care and early childhood development teachers as well as others who work in concert with child care programs such as social workers, health and mental health professionals, owners and directors of child related programs and parents.

Our focus is membership; today there is all kind of reasons not to join membership organization. What we have found is that membership numbers, not large budgets, are important when we are dealing with issues that have either positive or negative effects on our programs.

Today there are so many needs out there that it seems that our needs and swept under the rug. For us to be of any assistance we must have committed and dedicated members. We are calling for all centers and teachers to join.

- ❖ In order to participate in the Mississippi Quality Step Program or to get renewal of CDA's and national accreditation agencies, child care workers must present a membership card from a professional organization. Voices for Mississippi's Children, Inc. is a professional membership organization.
- ❖ Voices present workshops aimed at teaching providers how to provide quality service to small children.
- ❖ Allows you to be a member of change for the betterment of our service to children.

PLEASE JOIN TODAY!

As a child care provider, I can identify with many of the issues facing child care centers.

Thank you,

Helen M. Taylor

Voices for Mississippi's Children, Inc. Program Director

20 HEALTHY RESOLUTIONS FOR KIDS

PRESCHOOLERS

I will clean up my toys.

I will brush my teeth twice a day, wash my hands after going to the bathroom and before eating and clean up my messes right away.

I won't tease the family dog or even a friendly dog, and I will avoid being bitten by keeping my fingers and face away from its mouth.

SCHOOL-AGE KIDS

I will drink milk and water, and limit soda and fruit drinks.

I will apply sunscreen before I go outdoors, even in winter. I will try to stay in the shade whenever possible and wear a hat and sunglasses, especially when I'm playing sports.

I will try to find a sport (like basketball or soccer) or an activity (like jumping rope, dancing or riding my bike) that I like and do it at least three times a week!

I will always wear protective gear - especially a helmet - when bicycling.

I will wear my seat belt every time I get in a car. I'll sit in the back seat and use a booster seat until I am tall enough to use a lap/shoulder seat belt.

I'll be nice to other kids. It's easier and more fun than being mean, and I'll feel better about myself. I'll be friendly to kids who need friends - like someone who is shy or is new to my school.

I'll never give out personal information such as my name, home address, school name or telephone number on the Web. Also, I'll never send a picture of myself to someone I chat with on the computer without my parents' permission.

Source: www.preschoolerstoday.com

Upcoming Training Events

- July 23, 2011 - ICC - Tupelo Campus, Tupelo, MS

* Participants can earn up to 6 contact hours.

For registration information please contact our office at (662) 320-4171 or email us at vmc@hotmail.com

ACTIVITIES

FESTIVE FLAGS

YOU WILL NEED:

- Wooden paint stirrer
 - 2 (8-inch) squares of card stock, one white and one blue, for each fan
 - Glue
 - Red tape
 - Sticker stars
1. Use glue to sandwich the top of a wooden paint stirrer between two 8-inch squares of card stock (one white and one blue).
 2. Apply strips of red tape to the white side and sticker stars to the blue side, and the fan is ready to wave.

PATRIOTIC DRINK

Ingredients:

- ❖ Ice cubes
- ❖ Cranberry Juice
- ❖ Wild Berry flavor Gatorade
- ❖ Diet 7-Up

Instructions:

1. Fill a glass with ice cubes. Pour the drink with the most sugar into the glass (check the nutrition label). Start with the Cranberry Juice.
2. Very slowly add a beverage that contains less sugar—in this case, wild berry flavor Gatorade Fierce. Pour it onto an ice cube—not directly into the other drink—to keep them from mixing.
3. Use the same technique to add a layer of diet 7-Up.

Source: www.familyfun.com

THANK YOU!

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